



Purity Ritual (30 mins) €45

Cleanse and nourish the face by removing impurities followed by a relaxing face massage.

Purification (60 mins) €55

Clarify, detoxify and decongest with this lymphatic drainage face massage for visibly clearer skin. This deep cleansing facial uses clarifying algae, with gentle steam and extraction, for a radiant complexion. Perfect for combination, oily and congested skin.

Glow and Shine (60 mins) €55

A facial using Vitamin C products to stimulate collagen growth and reduce wrinkles. This facial treatment also includes an oxygenated mask to help your skin breathe.

Brilliance (60 mins) €55

This transformative facial provides the perfect solution to reduce sun spots and pigmentation to achieve a brighter skin, leaving you with a more luminous complexion.

Nourish (60 mins) €55

Hydrate your skin's moisture levels with this facial, leaving your face feeling refreshed and youthful. Perfect for a thirsty skin.

Mythical (60 mins) €55

This relaxing facial works to relieve sensitive skin from congestion, irritation and inflammation as it calms, soothes and replenishes to recover your skin health.

Time's Solution (60 mins) €85

This anti-ageing facial helps to combat visible wrinkles and sagging skin, using marine silicium complex, leaving your skin regenerated and firmer.

Eye Care

Eye Expert Treatment (45 mins) €40

This rich mask acts as an overall treatment, providing the eye contour with freshness and luminosity and helping to decrease fine lines and puffiness.

Eyebrow Shaping (15 mins) €10

Define your brows and tidy them up.

Eyebrow / Eyelash Tint (15 mins) €15 for one or €25 for both

Give definition to your brows and/or eyelashes by tinting away those unwanted white ones. Colours available are brown, black or blue black.





Sketched Out (60 mins) €80

Indulge in this facial designed as the ultimate overhaul for male skin, which helps to calm irritation and minimise the effects of ageing by protecting your skin against shaving and environment damage. Treatment includes head massage.

Vanquish (60 mins) €55

Work your face overtime to help eliminate blocked pores, accelerate repair and neutralise your skin PH. This deep-cleansing and decongesting facial reduces sensitivity and increases your defence against pollution, leaving your skin squeaky clean.

Lascivious (30 mins) €45

Cleanse and tone the face by removing impurities and blocked pores, and indulge in a relaxing face massage.

Day Dreaming (60 mins) €55

Relieve stress and revive dull, irritated skin back to its originality with this treatment designed especially to soothe and leave the skin vibrant.





Flower Blossom (60 mins) €55

Bathe your hands in a rose petal soak, massage away your sore fingers with 'Mother Nature' and wrap them up in a paraffin mask that will leave your hands soft and glowing. Finish off with a varnish application.

Cleopatra's Milk Soak (60 mins) €55

Soak your feet in a milk bath enriched with sandalwood and have your feet massaged with a cooling balm to soothe away aches and pains. Finish off with a paraffin mask and varnish, leaving your feet feeling as if they are wrapped in silk.

Expeditious (30 mins) €30

Designed for persons on the go. Re-shape your nails, take care of your cuticles and varnish up with your favourite colour. Can be done on either hands or feet.

Nature's Elements (60 mins) €50

Nail care designed for today's men. Foot soak followed by a heavy duty scrub, massage and lotion. Dead skin cells will be removed, cuticles groomed and nails trimmed, filed and buffed to a showroom finish. Finish with a paraffin wax.

Add on's

Paraffin Wax Mask €15

Gel Polish €20



Full Leg Wax (30 mins) €30

Half Leg Wax (15 mins) €20

Bikini Line Warm/Hot Wax (15 mins) €15

Under Arms Warm/Hot Wax (10 mins) €15

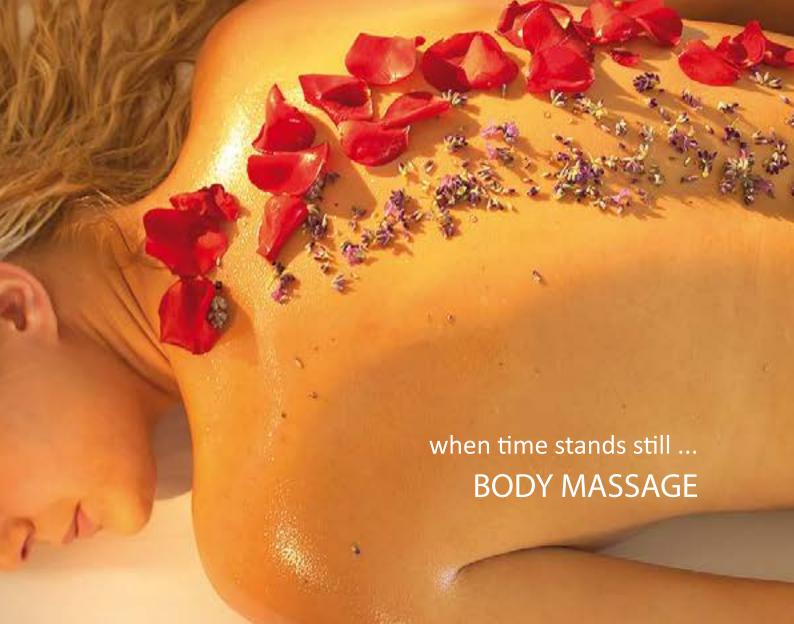
Arm Waxing (30 mins) €25

Chest/Back Wax (30 mins) €30

Upper Lip Wax (10 mins) €7

Brazilian Hot Wax (30 mins) €25

Hollywood Hot Wax (45 mins) €30



Be Yourself Again

(20 mins) €30 / (30 mins) €40 / (45 mins) €50 / (60 mins) €60 A relaxing full body massage with long massage strokes, slow rhythm and releasing movements, which promote deep relaxation while increasing circulation, and leave you with an overall sense of well-being.

Escape the Stress of Modern Life

(20 mins) €35 / (30 mins) €50 / (60 mins) €70 / (75 mins) €80 The ultimate full body massage that stimulates circulation, improves skin and muscle tone while soothing tense and tired muscles. Also included is a stress-relieving head and face massage.

Garden Flavours

(20 mins) €45 / (60 mins) €70 / (75 mins) €80

Blissfully drift away with this relaxing essential oils massage. Feel comforted with the therapist's hands that will sweep away the stresses of everyday life with flowing, slow movements to create a feeling of calm and emerge feeling completely rested.

Deep in the Ocean

(20 mins) €40 / (45 mins) €65 / (60 mins) €80

A deep tissue massage designed to achieve muscle tension relief. The therapist will personalise the therapy concentrating on specific areas of concern for a stimulating and recharging experience.

Candlelight (20 mins) €40 / (60 mins) €80

An aromatic candle massage that consists of warm candle oil poured over your body with long strokes, slow rhythm and releasing movements. It promotes deep relaxation while increasing circulation, leaving you with an overall sense of well-being.

Hot Lava (30 mins) €55 / (60 mins) €85 / (75 mins) €100

Hot stones are incorporated into this massage to bring balance and healing to the body. The stones are gently run across the body in a rhythmic flow to chase away stress while releasing muscle tension.

Hot Sand Massage (30 mins) €55 / (60 mins) €85

A massage where the body can loosen up to the rhythm of Tuiponos (pouches of warm sand) for intense relaxation.

Changing Lifestyle (45 mins) €50

A treatment specifically designed for that delicate period before childbirth. Relax and let us pamper your legs and massage your hands, face and head to help relieve unwanted tension and swelling. (Available from second to third trimester.)



Sweet and Sour (30 mins) €50

A delicious sugar scrub mixed with citrus essential oils, leaving your skin feeling like velvet.

From Vineyard to Silk (30 mins) €55

A body peel with a blend of wine and apricot extract, helping to remove dead skin cells while leaving your skin silky soft.

Exotic Island Body Scrub (30 mins) €55

Bring back your skin's radiant glow with a combination of Tahitian vanilla extracts, Bora Bora sand, sea salt and coconut shell to gently exfoliate the body. It also features monoi and jojoba oil to leave your skin soft and velvety.



Tropical Escape Back (30 mins) €35/Full Body (75 mins) €90

Experience this glorious sensory escape as you are exfoliated with a tropical salt mousse before being enveloped by the scent of algae. Skin is deeply nourished, revealing youthful skin. Recommended for premature ageing.

Marine Mud Wrap (45 mins) €60

Natural mud from the Dead Sea with an exceptional mineral content makes this wrap a multi-action treatment - a slimming precursor, natural anti-stress and post-exercise recovery. Tense joints and muscle pain are eased as well.

Dawn Breeze Back (20 mins) €30/Full Body (60 mins) €60 Experience a sense of well-being with a soothing mint and aloe wrap. Perfect for hydration and as an after-sun treatment.

Gold Therapy Back (20 mins) €30/Full Body (60 mins) €60 Envelope yourself in pure luxury and experience a nourishing gold pearl sensation.

Algae Bust Wrap (30 mins) €40

Stimulate and boost the muscles with a gentle thermal action. This wrap is also rich in minerals and is excellent for heavy busts.





Men's Ritual Escape (3 Hrs) €185

Enjoy a revitalising skin and body care programme without all the fuss, starting with a 'Sketched Out' facial to fight ageing, followed by a 'Deep in the Ocean' massage for pure relaxation and destressing, and end the journey with 'Nature's Elements' pedicure.

A Walk along the Cliffs (5 Hrs) €290

Inspired by an unrushed stroll along the cliffs, let us take you on an escape with a day devoted to replenishing your body and giving your mind a breath of fresh air. The day includes a 'Sweet and Sour' scrub to reveal healthy and refreshed skin, a 'Deep in the Ocean' massage, followed by a 'Glow and Shine' facial. End the day with a dip in 'Cleopatra's Milk Soak' pedicure, coupled with a 'Flower Blossom' manicure. A light lunch on the terrace and a glass of prosecco are part of this wonderful package.

Yummy Mum's To Be (150 mins) €140

Start your journey with a 'Changing Lifestyle' massage, designed to ease away aches and pains associated with pregnancy, followed by our 'Mythical' facial to replenish and give relief to your skin, and end your mummy spa day with a relaxing 'Cleopatra's Milk Soak' pedicure. (Available from second to third trimester.)

Polynesian Spa Ritual (90 mins) €140

Experience Polynesia, the exotic sensorial spa ritual inspired by the most beautiful islands hidden in the heart of the Pacific Ocean. This luxurious treatment begins with the Exotic Island Body Scrub, a gentle vanilla-scented body scrub blended with pure white sand from Bora Bora, sea salt, coconut shell and algo-monoi. Next is the Mahana Massage, a potent slow rhythmic massage using warm sand pouches to loosen muscles and nourish the skin. Finally Polynesian sacred oil is swept over the skin, its subtle golden pearls leaving a sunkissed glow and a delicate scent of flowers and monoi.

A Day with a Difference Mondays to Thursdays:

€60/Fridays, Saturdays, Sundays and Public Holidays: €80 Spend a blissful day at our Wellness Spa. Included are the use of the spa facilities (indoor/outdoor heated pool and Jacuzzi, sauna, steam baths and gymnasium) a light lunch and one of the following treatments: Back Massage, Expeditious Manicure or a Face and Scalp Massage.

"Dahara" €270

Indulge yourself in a state of total bliss, release your tension and find your way back to tranquility.

Day 1 – 'Sweet and Sour' scrub followed by a 'Gold Therapy Body Wrap'

Day 2 - 'Purity Ritual' and 'Stairway to Heaven'

Day 3 – 'Candlelight' massage and 'Cleopatra's Milk Soak' pedicure

Surrounding Nature €400

Delight your senses and discover the touch and aroma, pampering and relaxation with treatments while discovering your surroundings. Make your visit a unique and unforgettable experience.

Day 1 – 'Vineyard to Silk' body scrub and a 'Garden Flavours' massage

Day 2 – 'Nourishing' facial and 'Masque Empreinte Yeux'

Day 3 – 'Aromatic Moor Mud' wrap and 'Flower Blossom' manicure

Day 4 – 'Hopi Ear Candles' and 'Escape the Stress' massage



Hopi Ear Candles (40 mins) €40

An Indian traditional treatment using special candles that help relieve symptoms of excessive ear wax, sinuses, neuralgic pain and more. Treatment includes facial massage.

Touch Therapy (20 mins) €25

The therapist's magic fingers find their way through your aches and pains. Choose from feet, hands or scalp.

Stairway to Heaven (20 mins) €35

A relaxing massage with slow rhythm for the head, face, neck and shoulders. A good stress reliever.



Useful Information

Booking Information

The spa is open daily from 08.00 until 20.00.

It is recommended that you book treatments and packages in advance as demand is high.
To book please telephone +356 2219 1600 or email: spa@tacenchotel.com

Re-scheduling and cancellation policy

We understand that occasionally there can be the requirement to cancel treatments or packages. As a courtesy to our other guests and our therapists, we have the following cancellation terms:

- We kindly ask our guests to give a minimum of 12-hour notice for cancellations. With less than 6 hour notice you will be charged for 50% of your booked treatment.
- So many things in life are rushed we'd like to make sure your treatment isn't one of them! That's why we ask that you arrive about 10-15 minutes early for your appointment so we can make sure that you are comfortable, prepared and get your full treatment time. Be aware that late arrivals will only receive the remainder of their allocated treatment time.

Smoking, excessive noise or disturbance, and mobile phones

We kindly request all guests to respect other Spa users by refraining from the use of mobile phones, reserving poolside loungers and to keep noise to an agreeable level throughout the Spa facility. In this way, all our guests will be able to enjoy the facilities in a convivial and stress free atmosphere. We reserve the right to ask any guest or group of guests to leave the Spa if they are disturbing other users of the facilities.

Valuables

No responsibility will be accepted by the Company for the safety of money or valuables of any kind brought to the Spa. If you do bring valuable tems, it is essential they are covered by your own insurance for the period of your stay. The Company will not be liable, under any circumstances whatsoever, for damage, injury or consequential loss, however caused, to our guests. Please do not wear jewellery in the Spa or during treatments.

Children

Children under 14 years of age can access the heated pool within the Spa between 09:00 and 12:00, and between 18:00 and 19:00 daily. Toddlers of up to 3 years of age are obliged to wear waterproof nappies when using the pools. Children must be accompanied by an adult (over 18 years). Due to the active nature of the products, all other services at the Spa are available for adults over 16 years of age.

Medical Conditions and Pregnancy

In the interest of your health and safety, please advise us of any medical or special needs such as if you are pregnant, have a known allergy or suffer from a physical condition or ailment that requires our attention.

Gift Certificates

Gift certificates are an ideal year-round gift for any special occasion. Please enquire at the Spa reception or e-mail us on spa@tacenchotel.com
for details and purchase.

Use of Facilities

With face and body treatments over the value of \in 55.00, you are permitted to use the facilities for 2 hours, either before or after their treatment. Pre-booking is necessary. Treatments below the value of \in 55.00 do not include use of the Spa or Leisure facilities.



Hotel Ta' Cenc & Spa, Cenc Street, Sannat SNT9049, Gozo, Malta

Tel: +356 2219 1000 Fax: +356 2219 1500 Spa: +356 2219 1600 Email: spa@tacenchotel.com